

Team Season Summary

Sample High School
 Girls 2006 Cross Country
 Printed on 8/9/2006 at 9:59pm

Time Spreads

Date	Meet	Runners	Distance	1 to 5	1 to 7	1 to 10	1 to All	8 to 14
9/4/2006	Bison Open	18	3.1 miles	48.00	1:24.00	1:44.00	3:43.00	57.00
9/10/2006	Running Fit- Detroit Titan Invit	19	5.0 km	42.00	53.00	1:29.00	2:56.00	1:22.00
9/24/2006	George Washington Invit	14	6.0 km	1:08.96	1:33.30	2:34.74	3:17.51	1:39.21
10/1/2006	Paul Short Invit	7	5.0 km	1:35.00	3:39.80	N/A	3:39.80	N/A
10/15/2006	Penn State National Invit	18	5.0 km	1:02.00	1:36.00	1:49.00	3:22.00	1:12.00
11/15/2006	NCAA Mid-Atlanta Region	7	6.0 km	1:15.00	1:23.80	N/A	1:23.80	N/A
11/19/2006	ECAC IC4A Championships	7	5.0 km	1:14.90	2:07.30	N/A	2:07.30	N/A

Average Mile Pace

Date	Meet	Runners	Distance	1 to 5	1 to 7	1 to 10	1 to All	8 to 14
9/4/2006	Bison Open	18	3.1 miles	5:55.03	6:00.60	6:05.97	6:20.23	6:24.84
9/10/2006	Running Fit- Detroit Titan Invit	19	5.0 km	6:04.19	6:06.91	6:11.29	6:26.98	6:30.05
9/24/2006	George Washington Invit	14	6.0 km	6:14.17	6:18.52	6:24.17	6:32.21	6:45.91
10/1/2006	Paul Short Invit	7	5.0 km	7:13.77	7:24.76	N/A	7:24.76	N/A
10/15/2006	Penn State National Invit	18	5.0 km	7:15.94	7:21.89	7:27.35	7:42.71	7:49.68
11/15/2006	NCAA Mid-Atlanta Region	7	6.0 km	5:52.97	5:56.13	N/A	5:56.13	N/A
11/19/2006	ECAC IC4A Championships	7	5.0 km	6:34.99	6:43.30	N/A	6:43.30	N/A

Average Finish Time

Date	Meet	Runners	Distance	1 to 5	1 to 7	1 to 10	1 to All	8 to 14
9/4/2006	Bison Open	18	3.1 miles	18:20.60	18:37.86	18:54.50	19:38.72	19:53.00
9/10/2006	Running Fit- Detroit Titan Invit	19	5.0 km	18:49.00	18:57.43	19:11.00	19:59.63	20:09.14
9/24/2006	George Washington Invit	14	6.0 km	23:11.91	23:28.09	23:49.10	24:19.03	25:09.97
10/1/2006	Paul Short Invit	7	5.0 km	22:24.68	22:58.74	N/A	22:58.74	N/A
10/15/2006	Penn State National Invit	18	5.0 km	22:31.40	22:49.86	23:06.80	23:54.39	24:16.00
11/15/2006	NCAA Mid-Atlanta Region	7	6.0 km	21:53.04	22:04.80	N/A	22:04.80	N/A
11/19/2006	ECAC IC4A Championships	7	5.0 km	20:24.48	20:50.23	N/A	20:50.23	N/A